Do Si Dough – Seated Version

Count: 32 Wall: 4 Level: High Beginner

Choreographer: Maddison Glover (AUS) & Jo Thompson Szymanski (USA) – Feb 2025
Armograher: Eileen Bamford (UK) – Apr 2026
Music: Do Si Dough – Josiah Siska

Intro 32 counts – no tags, 2 restarts

Section 1: Side, together, side, touch, side, together, side, touch

1,2 Move both hands together in an arc movement from right to left
3,4 Move both hands together in an arc movement from right to left
5,6 Move both hands together in an arc movement from left to right
7,8 Move both hands together in an arc movement from left to right

Restart here on wall 11

Section 2: Modified figure of 8

1,2 Move your left hand to in front of your left chest, cross your right hand behind your left
3 Drop your left hand to your left at waist height
4,5 Twirl your right hand above your right shoulder in a lasso motion
6 Replace your right hand in front of your right chest
7 Raise your left hand up and behind your left shoulder
8 Return your left hand to a neutral position

Restart here on wall 9

Section 3: Diagonal lock step lock brush forward, rocking chair

1 Extend your left hand to the left diagonal with a bent arm
2 Tap your right hand to the back of your left
2 Extend your left hand further forward on the left diagonal
4 Brush your right hand past your left hand
5 Extend your right arm fully to the left front diagonal
6 Return your right arm to a neutral position in front of your right chest
7 Raise your right hand up and behind your right shoulder
8 Return your right arm to a neutral position in front of your right chest

Section 4: Jazz box ¼ turn, point out, across, point out, hitch

1 Move your right hand across your body at chest height, palm facing down
2 Move your left hand to in front of your left shoulder, palm facing to the right
3 Move your right hand to in front of your right shoulder, palm facing left
4 Join both hands together at chest height, under your chin
5 Drop your right hand to your right side at waist height
6 Return your right hand to a neutral position in front of your right chest
7 Drop your left hand to your left side at waist height
8 Raise your left hand at your left side at shoulder height

Please make all movements as big or as small as is comfortable for you and your body, and feel free to add any flamboyant flourishes that take your fancy ☺

For more information on seated dancing please contact me at: bamfordbellesandbeaus@gmail.com

Thank you to Maddison Glover & Jo Thompson Szymanski for permission to adapt this dance.