The Upper Hand

Music: *Whipped* - Emily Ann Roberts (2.55mins)

Description: 32 count, 4 walls, Beginner Line Dance

Choreographer: Ashley Mears (AUS) - March 2026

Choreographed for The Stomp Line Dance Event 2026

32 count intro (approx. 16secs)

R Toe Strut, L Toe Strut, Walk, Walk, R Shuffle Fwd

1, 2	Touch R toe forward, drop the heel
3, 4	Touch L toe forward, drop the heel
5, 6	Walk R fwd, walk L fwd
7 & 8	Step R fwd, step L together, step R fwd

L Rock Fwd, Recover, L Shuffle Back, R Back, L Hook, L Fwd, R Touch Together

1, 2	Step L fwd, recover weight back onto R
3 & 4	Step L back, step R together, step L back
5, 6	Step R back, hook L heel across R shin
7, 8	Step L fwd, touch R together

R Side Shuffle, L Back Rock, Recover, L Side Shuffle, ¼ R Back Rock, Recover

1 & 2	Step R to R side, step L together, step R to R side
3, 4	Step L back, recover weight onto R
5 & 6	Step L to L side, step R together, step L to L side
7, 8	Turn ¼ R stepping R back (3:00), recover weight onto L

R Diagonal, Touch L Together, L Diagonal, Touch R Together, R side rock, Recover, R back rock, Recover

1, 2	Step R to R diagonal, touch L together & clap
3, 4	Step L to L diagonal, touch R together & clap
5, 6, 7, 8	Step R to R side, recover weight onto L, step R back, recover weight onto L. ***Option: Dip/swing hips to diagonal on counts 1 & 3.***

Restart: Start wall 8 facing 9:00. Dance up to count 16, then restart the dance facing 9:00.

Ending: Start wall 11 facing 3:00, dance up to count 10 and then turn ¼ L stomping L to L side (12:00)

Ashley Mears
ashmears@hotmail.com